

Be *Wild*, Be *Still*... BE

with Narayan Waldman

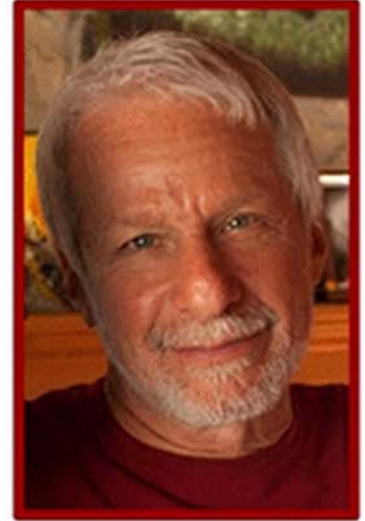
June 14-16 Boise, ID (Grace Place)

Let go...on the outside and the inside...and Know. Allowing the Dances of Universal Peace. and specifically the original guidance we will call the Zero Commandment, to inform and renew the natural Covenant that is our source and reality, we will together experience what we are given.

אלהים אנכי כפי דעו הר

Be still and know that I Am God

Psalm 46:10



Interweaving the dances and breathing practices on the Zero Commandment such as the Breathing Cross and the Breathing Star, as well as anything else that presents itself, should give us ample opportunity to discover and deepen, recreate and relax.

Narayan has been a disciple of the Dance for decades and is gifted with an infectious love or what is. For those who or need to know more, Narayan's nascent website is currently under development but available at www.narayandance.com ...or just come and Be.

Dance Leader Deepening: Friday 10-5 \$40.00

Our retreat will begin Friday 7:00 - 9:30pm
Saturday 9:30am (Lunch & Dinner included)
Zkir Saturday Evening
Sunday 9:30 - noon

Prices: Before May 16 \$125 / After May 16 \$150

Registration: Rahmana / elizsayre@gmail.com / 208-696-1645

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