## C U P A S H A R E cup of being, raised to the power of sharing

## Get ready for Spring!

presents:

## **Aaron Jerad Heideman**

## **Introduction to Permaculture in Cold Climates**



Permaculture designer, teacher and consultant, Aaron grew up on an organic orchard and farm in Western Colorado. His background includes a degree in art, musical performance and a self-made web design business. His permaculture career started after seeing **Geoff Lawton's** permaculture video "Greening the Desert". Inspired, he knew he wanted to learn and headed to Australia where he landed an internship with Geoff on his farm in New South Wales. The internship included several Permaculture Design Certificate Courses (PDC's), teachers training, aidworkers training and months of hands-on work. During his year in Australia Aaron also branched out and studied on various farms and permaculture projects, including three weeks with permaculture co-

founder **David Holmgren**. Aaron now resides in Colorado where he works and develops his own high-desert forest gardens, growing an abundance of fruits & veggies.

http://aaronjerad.com/topics/permaculture/

Permaculture, while scientific in its methods, is rooted in ethics that call for care of the earth and care of people. In this course we will:

- Learn and deepen in essential and universally applicable permaculture principles. We will join these principles with practical design methods that we can apply to our own individual situations. The methods eventually lead us to specific techniques and actions.
- Learn how to build and maintain soil health in cold climates as well as essential strategies and techniques for extending the short growing season including cold frames, greenhouses, choosing the right species of plants, understanding thermal mass and more.

WHEN: February 28<sup>th</sup>, 11am -6pm

WHERE: Upstairs at the Westridge Center, 1919 Fairway (at Kagy) BYO Lunch!

COST: \$50 Pay or RSVP by Feb 25th

make and mail checks to Eric & Natalia Waldman, 1309 S. 3<sup>rd</sup> Bozeman MT 59715 or Paypal to narayan@onenessproject.com

"For me the most satisfying design work comes from blending functionality and usefulness with creativity. Permaculture design puts these two together. As an art-form the canvas and media which permaculture uses are living environments, plants, animals, peoples lives, our homes and communities. As a practical science it looks not only to the cutting edge advances in modern technology but to tried and true methods passed down for generations or practiced by indigenous peoples. Permaculture seeks the most efficient, beneficial, high yielding, low cost ways to do something, but never at the cost of people's well being, nor that of the environment or ecosystems."



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