

This Moment, This Love

March 22-24, 2019 Friday evening 7-9pm Saturday 9:30am-4:30pm & 7-9pm Sunday 10am -4pm Sat & Sun lunch 12-1:30pm

You are invited to come to rest in this very moment, this space smaller than a breath ... right here, fully. When you accept, a window opens to the

Infinite, and the Love from which all creation springs is experienced. Come unfold your heart into ecstasy and journey into this moment, this LOVE. Participants will be led in Dances of Universal Peace, chanting (wazaif), singing (bhajan), Mantrandala Breathing Meditations and Shiva Practices (Centering Awareness exercises).

Please bring your own lunch and meditation pillow. Shoeless dance floor – please bring socks or slippers. Coffee, tea and snacks will be provided. Non-residential. Cost \$50

Leaders: Narayan Eric Waldman is a senior Mentor of the Dances of Universal Peace and a member of the Ruhaniat. A devotee of sacred song and dance since the 1960's and a leader of the Dances of Universal Peace for decades, he considers himself a true disciple of the Dance. Engaging, humorous and charismatic, Narayan carries the joy of singing and dancing in praise of the present, reminding anyone who is listening that it's useless to be anywhere else. Barakat Carolynn Bryan is a lifelong spiritual seeker and a spiritual guide (Khalifa) in the Sufi Ruhaniat. She has studied music since the age of 5 and is a certified leader of the Dances of Universal Peace. She brings a deep love of the Divine in all its manifestations that she celebrates with warmth, authenticity, song and dance.

Skyview School ~ 125 S. Rush Street, Prescott, AZ - Space is limited

For info Call Registrar: Yaqin (928) 445-6506 or email <u>yaqinlance@gmail.com</u>

A Dana basket will be provided for teachers -

Sponsored by the Prescott Dances of Universal Peace www.prescottcircle.org